

Economic Development Regions of New York State

REGION	COMPONENT COUNTIES	
New York City	Bronx Kings New York	Queens Richmond
Long Island	Nassau	Suffolk
Mid-Hudson Region	Dutchess Orange Putnam Rockland	Sullivan Ulster Westchester
Capital Region	Albany Columbia Greene Rensselaer	Saratoga Schenectady Warren Washington
Mohawk Valley	Fulton Herkimer Montgomery	Oneida Otsego Schoharie
North Country	Clinton Essex Franklin Hamilton	Jefferson Lewis St. Lawrence
Central New York	Cayuga Cortland Madison	Onondaga Oswego
Finger Lakes	Genesee Livingston Monroe Ontario Orleans	Seneca Wayne Wyoming Yates
Southern Tier	Broome Chemung Chenango Delaware	Schuyler Steuben Tioga Tompkins
Western New York	Allegany Cattaraugus Chautauqua	Erie Niagara